

**North Vancouver Football Club – Uniform and Equipment Distribution Day
Sutherland High School - August 19, 2018 - 10:00 to 3:00**

Equipment for New Teams:

Age Group	Ball Size	Practice Balls	Game Ball	Cones	Ball Bag	Corner Flags	Nets	Pinnies	Pop Up Goals	GK Gloves	GK Jersey
U6	3	12		25	1			7			
U7	3	12		25	1			7			
U8	3	13		25	1			7	1		
U9	4	13		25	1			7		1	1
U10	4	13		25	1			7		1	1
U11	4	14	1	25	1			7		1	1
U12	4	14	1	25	1			7		1	1
U13	5	17	2	30	1	1	1	10		1	1
U14	5	17	1	30	1	1	1	10		1	1
U15	5	18	1	30	1	1	1	10		1	1
U16	5	18	1	30	1	1	1	10		1	1
U17	5	20	1	30	1	1	1	10		1	1
U18	5	20	1	30	1	1	1	10		1	1
Men	5	20	2	30	1		1	10			

Uniform Fitting Guidelines

Each team has been provided with a large range of uniform sizes and there is enough variety to properly fit a team.

Soccer Express and the Uniform and Equipment Team have come up with the best way to fit teams properly:

- Wait until the players are together before you hand out jerseys, shorts and socks to your team. This is crucial to fitting your team properly.
- Do not hand out uniforms to individual players before gathering the team. It is better to deal with the team as a group to ensure a consistent approach.
- Have the players in a row, tallest to shortest. Hand out uniforms by size and not number.

The Club will only provide new jerseys, shorts or socks if a player fits **at least two sizes outside the range of sizes provided for a team**. Only the coach or manager can request a new jersey. To submit a uniform request, please click on this link: <http://nvfc.ca/event?id=580>

The Club could not run without the volunteer coaches and managers. The Club thanks you for all your time and efforts.