

**North Vancouver Football Club – Uniform and Equipment Distribution Day
Sutherland High School - August 20, 2017 - 10:00 to 3:00**

Equipment for Existing Teams:

Age Group	Ball Size	Practice Balls	Game Ball	Cones	Pinnies	Pop Up Goals	GK Gloves	GK Jersey
U5	3	4		25	7			
U7	3	3		6	4			
U8	3	3		6	4	1		
U10	4	3		6	4		1	1
U11	4	3	1	6	4		1	1
U12	4	3	1	6	4		1	1
U14	5	4	1	8	5		1	1
U15	5	4	1	8	5		1	1
U16	5	4	1	8	5		1	1
U17	5	4	1	8	5		1	1
U18	5	4	1	8	5		1	1
Men	5	4	1	8	5			

Uniform Fitting Guidelines

Each team has been provided with a large range of uniform sizes and there is enough variety to properly fit a team.

Soccer Express and the Uniform and Equipment Team have come up with the best way to fit teams properly:

- Wait until the players are together before you hand out jerseys, shorts and socks to your team. This is crucial to fitting your team properly.
- Do not hand out uniforms to individual players before gathering the team. It is better to deal with the team as a group to ensure a consistent approach.
- Have the players in a row, tallest to shortest. Hand out uniforms by size and not number.

The Club will only provide new jerseys, shorts or socks if a player fits **at least two sizes outside the range of sizes provided for a team**. Only the coach or manager can request a new jersey. To submit a uniform request, please click on this link: <http://nvfc.ca/event?id=528>.

The Club could not run without the volunteer coaches and managers. The Club thanks you for all your time and efforts.

Let's have a fantastic soccer season!